

Mezzy Mezz Show “Waiting All Day”
Post show workshop (30 minutes)
By Jimez Alexander

Grades Pre K-1st

Georgia Standards

Health

- HEHS.7.c Model behaviors to avoid or reduce health risks to self and/or others.,

ELA

- ELAGSE1SL1 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.

Theatre Fine Arts

- TA1.CR.1 Organize, design, and refine theatrical work.
- d. Listen to others with respect and courtesy in an ensemble.
- TA1.PR.1 Act by communicating and sustaining roles in formal and informal environments.
- TA1.PR.2 Execute artistic and technical elements of theatre.
- TA1.RE.1 Engage actively and appropriately as an audience member.
- TA1.RE.2.a Describe what is seen, felt, and heard in a theatre or performance experience.
- TA1.RE.2.b Ask questions about what is seen, felt, and heard in a theatre or performance experience.

Description

The workshop is designed to impart the concept of patience to students through engaging activities and discussions. We revisit Mezzy Mezz to see if He learned his lesson about waiting his turn.

Purpose:

The primary goal is to help students understand patience, emphasizing its facets like waiting, staying calm, exercising self-control, and refraining from complaining. By aligning with Social-Emotional Learning (SEL) standards, the workshop aims to foster positive behaviors and skills in students.

SEL Standard(s) Addressed:

- SE 3b: Encourage students to follow rules and routines within the learning environment.

- SE 3d: Equip them with the ability to manage transitions and adapt to changes in routine.
- SE 4c: Cultivate a sense of empathy and understanding towards others.
- SE 4d: Foster active and successful participation as valued members of a group.

Introduction:

- Welcome students to the Mezz Mezz Patience Workshop and give a recap of what they saw in the Mezz Mezz Show “Waiting All Day”
- Highlight the importance of patience and being patient helped Mezz Mezz

Warm-Up Game (Alphabet Game Hunt and Treasure Map Balance) - 10 minutes:

Explanation: Introduce the Alphabet Game Hunt and Treasure Map Balance activities as interactive post-show warm-up games.

Educational Standards:

- ELAGSE1SL1: Participate in collaborative conversations about grade 1 topics and texts, reinforcing communication skills.

- Steps

- Engage students in searching for hidden letters, promoting patience in the process.

- Transition to Treasure Map Balance, where students navigate obstacles, emphasizing the need for patience in balance and movement.

Character Lead and Mezz Mezz - 5 minutes:

Explanation: Present Mezz Mezz's struggle to open a banana as a relatable scenario illustrating the concept of patience.

Educational Standards:

- TA1.CR.1d: Listen to others with respect and courtesy in an ensemble.

- TA1.PR.1: Act by communicating and sustaining roles in formal and informal environments.

Steps:

- Guide students through Mezz's experience using a Character Lead.

- Encourage student engagement by asking for thoughts and opinions, making the concept easily comprehensible through relatable storytelling.

"Going Bananas!" Activity - 8 minutes:

Explanation: Implement a hands-on activity involving teamwork and patience.

Educational Standards:

- TA1.PR.2: Execute artistic and technical elements of theatre

Steps:

- Explain the elbow-passing challenge, where students pass a banana using only their elbows.

- Have children that are acting for the ball to get to them to pretend they are their favorite animal and think how would that animal use their elbows to pass the Banana. More fruit will be added as the rounds are completed

- Prompt discussions on emotions, frustration, and teamwork during the activity, highlighting the importance of patience in achieving common goals.

Closing Discussion - 5 minutes:

Explanation: Facilitate a reflective discussion to reinforce the workshop's lessons.

Educational Standards:

-ELAGSEKSL3: Ask and answer questions to seek help, get information, or clarify something not understood.

Steps:

- Gather students in a circle to share experiences and emotions during the activity.
- Foster self-awareness and empathy by discussing the impact of impatience and the potential for unkind words.
- Set the stage for positive emotional management through reflection.

Conclusion - 2 minutes:

-Explanation: Conclude the post-show workshop with a practical demonstration and a memorable moment.

Educational Standards:

-TA1.RE.1: Engage actively and appropriately as an audience member.

Steps:

- Showcase Character Lead opening the banana as a demonstration of patience.
- Reinforce the workshop's key message with the "Let's Be Kind" song, leaving a positive and lasting impression.

End:

- Emphasize that the post-show workshop creates an immersive learning experience, combining engaging activities, relatable scenarios, and meaningful discussions to instill the value of patience in young students.

Program Cost:

Mezzy Mezz Show and Workshop \$350

\$250 additional shows same day