**MUSIC-ABILITY!**

(for students that fit into ADA classification)

3 Day Workshop (1-2 hr sessions)

Minimum of 5 students and Maximum of 12 per session

Ages 10+

**WORKSHOP OUTLINE**

Concepts:   
- Build self-esteem/ confidence and Break thru the fear factors

- Showcase abilities without focusing on their individual challenges

- Music appreciation

1. Ice Breaker with music, singing and dancing led by Myrna
   1. Music will be fun/playful American songs and 1-2 songs indigenous to the area
   2. Focus is on entertaining the audience and making a warm/heart-felt connection
2. Discover talent within the audience & favorite songs
   1. Seek help & suggestions from host committee
   2. Hand pick (based on personality) a person to “help us” encourage others
3. Divide into 2-3 small groups
   1. At least two ensemble members per group share music play time
   2. Encourage students to make music with their first instruments (voice & body) while ensembles creates music to with sounds
      1. Scatting, chanting, humming, etc.
      2. Clapping, snapping fingers, etc.
   3. Allow students to touch the instruments and try to play
   4. If possible, try to build/create instruments with items/supplies in the area (i.e. buckets, string, bells/chimes, etc.)
   5. Create a small group song to share with larger group
4. Regroup to share small group song
5. Showcase talent!
   1. For audience members who want to participate only (not forced)
   2. Applause and encouragement abounds!

Educational Approach of Workshop

The framework is to learn through guided experience. Our strategy is to first engage the students by allowing them to listen to music and play on various instruments. We will then attempt to probe their thinking skills by asking them for their favorite songs and/or singers. We will also ask them if any sing or play an instrument. Most important to this workshop is to get them involved to show what they can do! We will vary instruction to not only keep the students' interest but also to allow them to interact with music and singing in a variety of ways. The methods we use in our workshop involve lectures, demonstration and collaboration. The majority is demonstration and collaboration.

NOTE: Parents or Caregivers will be required to stay on site while workshop is underway.

**Course NEEDS:**

- Parents (Caregivers) must stay on site while workshop is underway

- Pianist

- Full length mirrors (ideally wall mirrors)

- Microphones with sound system (ideally 1 mic to 3 students)

- Stage for practicing (ideally)

- Projector to see videos of singers (ideally)

- Location for Finale performance at the end of each time period

3 Day Workshop (1-2 hr sessions depending on make-up of class and students’ temperament)

(Ages 10+ Minimum: 5 students per class Maximum: 12 per class)

**What We Believe:** Myrna Clayton believes that the human voice is not limited and that everyone can have a beautiful, expressive voice, no matter what previous experience may have been. She believes that everyone, regardless of “perceived” ability, can train her or his voice to be flexible, powerful and persuasive - full vocal expression leads to deeper personal fulfillment.

Myrna believes that music, especially vocal music, is healing to do and to hear and that all people have equal and free access to the musical instrument that's inside their own body their voice.

She believes that the body is wise and that there is an intuitive urge in all of us to make sound as freely as babies do, and to sing.

She believes that deep, free, easy inhalation and exhalation is a requisite for emotional expression.

She believes that everyone can learn to have a wonderful voice and can learn to sing, and sing well.

**What We Do:** Myrna Clayton’s approach to vocal and performance coaching reflects her diverse background and interdisciplinary approach to vocal performance styling. Because of her core beliefs, she fully expects that each student will come away with a greater confidence in her/his singing ability. Her objectives are to develop strong skills with healthy voices and to help take students to their next level in performing while enjoying working with their favorite songs.

Myrna expects that each student will "produce" a decent-sounding song and be prepared to sing for a course grand finale.

The threefold goal areas are: building self-esteem/confidence to break thru the fear factors, showcasing abilities without focusing on their individual challenges, and basic music appreciation through exposure to various styles of music.

The educational approach we take in MUSIC-ABILITY! is as follows:

The framework is to learn through guided experience.

Our strategy is to first engage the students by allowing them to listen to music and play on various instruments. We will then attempt to probe their thinking skills by asking them for their favorite songs and/or singers. We will also ask them if any sing or play an instrument. Most important to this workshop is to get them involved to show what they can do! We will vary instruction to not only keep the students' interest but also to allow them to interact with music and singing in a variety of ways. The methods we use in our workshop involve lectures, demonstration and collaboration. The majority is demonstration and collaboration.

Our Expected Learning Outcomes are simple and straight forward:

1. Students are able to communicate like or dislike of song styles

2. Students are able tell you their favorite song

3. Students can "stand" in front of group and sing a song or note of a song