## Playshops in Performance A Guide

## **Timing**

(Total is 55-minutes, although this may adjust depending on the actual length of their periods.)

Intro: 2 minutes
Fire-up: 4 minutes

Insults & Soaring Poetry: 10 minutes Scene Division - Circle Text: 4 minutes

Rehearsal: 15 minutes- give yourself more time here if you have a longer WIP

Presentations: 10 minutes- give yourself more time here too, and shorten thru speeding narration

Closure: 5 minutes-

## What are we doing?

Putting Shakespeare's text into the mouths of adolescents & bringing it to life. Shakespeare is not just about big ideas - it is about big emotion. We look at the text physically, vocally, emotionally, imaginatively.

## Some strategies:

We own the space and Greeting at the door.

Warmth & high status.

Music playing.

Everyone participating all the time.

**Intro:** Be warm & clear. Let them know who we are and why we are here. This is where the plan is laid out. Include- some hooks about the play we'll be working on. Make sure to introduce everyone by name.

**Fire-up:** Get them breathing, & finally voices. Try to get them to start playing. This is done as a large group, which increases the safety element. **Down with the Caps, Montagues!!** 

**Insults & Soaring Poetry:** More playing, and getting the energy higher. The group is split in half, which continues the workshop in a safe environment. **Use one insult and one soaring poetry for each group.** 

**Scene Division:** Find a phrase that is from the play that you are working on. Each student will be speaking alone, but it is only one word. Encourage them to express their word with exuberant physicality. **Different number phrases in folder- pick the one = number of EduArtists.** 

**Rehearsal:** cook up a way to do the scene that uses all of them - a presentation. It should include a bow, and all the students should be encouraged to speak at least one line of text.

**Presentations:** Music, narration, bows, clapping

**Closure:** Invites observation, steer them away from judgment. We don't need the insight of the century- what amazed you about someone else? What surprised you about yourself?

Fear - how do we address it? Warmth & Welcoming.. Distract them.. Need them.. Can you help me out? Give them responsibility.. You can't hear their judgmental language - translate immediately Baby Steps.. Teach by questions.. Say yes to everything..